



STEPHANY REID

- Named New Brunswick Female Athlete of the Year by Athletics NB (1994).
- Member of the Canadian Junior National Athletics Team (1995 - 1998). Earned bronze medals in the long jump and triple jump at the Canada-US Dual Meet in Florida (1995). Earned a gold medal in the triple jump and a bronze medal in the long jump at an international meet in the Cayman Islands (1998). Competed in the World Junior Championships in Australia (1996) and the Pan-American Championships in Cuba (1997).
- Four time defending Junior Canadian National Champion in the triple jump (1995-1998).
- Held the Canadian Junior national triple jump record (12.75 m) from 1996-2004.
- Bronze medalist in the triple jump at the Olympic trials (1996) at the age of 16.
- Silver medalist in the Canada Summer Games (1997) in the triple jump. Double bronze medalist in the Canada Summer Games (2001) in the long jump and triple jump.
- Holds a record with her siblings Sarah and Sandra as the first three athletes from the same family to compete in the Canada Games in the same year (2001).
- Member of the Middle Tennessee State University Women's Athletics Team, which won the Outdoor Sun Belt Conference Championship (2000, 2001), and the Indoor Sun Belt Conference Championship (2002).
- Silver medalist in the long jump (2002), and two-time bronze medalist in the triple jump (2001, 2002) at the Indoor Sun Belt Conference Championships.
- Gold medalist in the triple jump (personal best 12.77 m), silver medalist in the long jump (personal best 6.08 m) and awarded Most Outstanding Field Performer at the Outdoor Sun Belt Conference Championships (2002).
- Holds 26 provincial indoor and outdoor records in 60 m, 100 m, 200 m, long jump and triple jump.
- Completed Level 3 of the National Coaching Certification Program specializing in athletics. This certification allows coaches to work at the international level.
- Coached youth in the South East Athletics Junior Development Program (2006-2012) and the Canada Games New Brunswick Women's Relay Team (2009).

INDUCTED TO THE RIVERVIEW
SPORTS WALL OF FAME 2023.